After a near death experience owing to a preventive medical treatment and the dismissal from a career she had built her entire life around, Charlotte is confronted with a society that likes to put people in defined boxes.

After her dismissal, Charlotte embarks on a new adventure to change careers and create a happy life together with her son. During the first three years, disappointments and rejections are the only experiences she is confronted with. Meanwhile her lack of confidence increases, and she starts to doubt her presence on Earth. Energetically it feels like she has entered a rollercoaster and doesn't know when it will stop.

Eventually, the loneliness and empty days take her into a depressive state. A state that she never had imagined she would find herself in. At some point she must make a choice between taking anti-depressants or turning to the assistance of indigenous plant medicines. Little does she know where this choice would lead to.

During the next few years, the holy medicine takes her into the Dark Night of the Soul while her programmed ego is going back and forth with much resistance to this supposed path. Eager to return to normal life, she is confronted with a continuous struggle between the desires of her higher self and the trials and tribulations of her matrix existence. The frustration about this calling is driving her to loneliness, financial struggles, dependency, shame, guilt, and even suicidal thoughts.

Eventually, the messages from the plant medicines reassure her to keep faith and trust the divine guidance. And so, she has no other choice than 'to walk through hell.'

Only to find the purpose of her path in 2020, the year when her own rollercoaster finished up while the collective was put in a similar one. During 2020 and 2021, Charlotte slowly but steadily begins to understand her purpose of being on Earth during this time and eases into a new definition of 'self'.